

Bernards Heath Infant and Nursery School



Sports Premium Report 2022 - 2023

Review of spending 2022/2023 – Review and Reflection

Total amount carried forward from 2021/2022	£ 18,355.00
+ Total amount for this academic year 2022/2023	£ 17,777
Total carry forward and total for 2022/203	£ 36,132 (used as total allocation for % purposes below)
Total spent 2022/23	£21,121.22 (58.5% of total allocation)
Total to be carried over to academic year 2023/2024	£ 15,010.78

Key achievements to date until July 2022:	Actions for the next academic year:
<p>Participation in sports after-school clubs across the academic year, including children in receipt of the pupil premium funding – who have subsidised places at these clubs and priority booking.</p> <p>Children from EYFS/KS1 classes participating in cycling sessions across the academic year to improve skills and proficiency, either ‘Learn to Balance and Ride’ or ‘Developing Better Bike Control.’</p> <p>Enrichment activities for every child across the school promoting physical and mental health; football, mindfulness and dance workshops.</p> <p>Implementation of a PE curriculum to ensure consistency in lessons and appropriate skills progression across year groups.</p>	<ul style="list-style-type: none"> • Broaden opportunities for competitive inter-school sport e.g., athletics competitions. Working with other local infant schools • Continued investment in Bikeability for new FS2 children and those in Year 1 who have not yet participated in a session or who have not yet reached a level of proficiency. • Upskilling of new staff through collaboration with sports coaches and PE teacher training – enhanced teacher knowledge, skills and confidence. • Embedding the new PE curriculum and ensuring robust assessment and next steps identified. • Lunchtime project to review and develop lunchtime activities available to the children. • Further enrichment workshops for every child at school promoting positive wellbeing and healthy lifestyles.

Key Indicator 1 - The engagement of all pupils in regular physical activity (Chief Medical Officer guidelines at least 30 minutes of physical activity in school a day)

			% of total allocation – 23.4%	
Intent	Implementation	Funding Allocated	Impact	Sustainability and next steps
Employment of a sports coach so that children benefit from expert PE teaching.	CSE Sports coach employed for year 22-23.	£6,652.06	Children are receiving high quality PE teaching and learning. Successful delivery of a range of sports including gymnastics, tennis and team games. Has ensure appropriate progression throughout year groups.	PE lead to continue to monitor sports coach during PE lessons and provide feedback. To embed use of new PE curriculum to ensure
'5 a Day' movement break programme available in all classrooms. To be used daily to offer a structured and regular gross motor intervention during the day.	To be used in all classrooms at least once a day. To be used as a movement break alongside other opportunities such as action rhymes and yoga breaks.	£334	Consistent and robust movement break in place for all children across the school. The intervention involves gross and fine motor movements in 5 minute blocks. Children engaged and participate well. PE Lead observed in use across Year groups.	To continue in 2024-25. Embedded into daily timetable. Children familiar with format and therefore engage well. Sufficient variety in '5 a days' to ensure access to a range of different routines and movements.
Ensure resources available and in good, safe order to promote physical activity during playtimes for whole school and Child Initiated Play Sessions in Foundation Stage.	To provide a range of resources that encourage movement and physical activity such as hoops, beanbags and babies and buggies for all children to use.	£1467.87	Outside areas now include a wide range of resources and activities that promote physical activity. Resources are well used by children and promote	
TOTAL: £8,453.93				

Key Indicator 2 - The profile of PE, School Sport and Physical Activity (PESSPA) being raised across the school as a tool for whole school improvement

			% of total allocation – 5.8%	
Intent	Implementation	Funding Allocated	Impact	Sustainability and next steps
Enhancement workshops to be arranged to support physical activity and wellbeing and to expose children to different sports and forms of physical activity.	<p>Diwali Dance workshop booked for October 23 for Foundation Stage.</p> <p>Football Workshop for Key Stage 1 children booked for December 22.</p> <p>Mindfulness workshops (Mindful Minis) booked for – 2 days for all classes to participate in February 23 as part of ‘Feeling Good’ week.</p> <p>Tennis workshops with CSE booked for July 23 for all classes.</p> <p>Relax Kids workshop for Healthy Bodies, Happy Minds week in July 23</p>	£1843	All workshops held as planned. Children participated well and enjoyed the opportunity to learn new skills that aren’t covered in weekly PE lessons. Feedback from class teachers was very positive.	Similar workshops to be arranged for 2023/24. Other sports such as tag rugby and yoga to be looked into to continue to provide children with exposure to a range of sports and physical activity options.
Promotion of sports clubs and other physical activities in school assemblies, newsletters and noticeboards to increase awareness and participation.	<p>To regularly include information about sports clubs in Newsletter.</p> <p>To post information on outside noticeboards.</p>	n/a	Children attending after schools sports clubs. Flyers shared with school community over year of external sporting clubs (eg. football)	To identify further local clubs to share with families. To consider booking Olympic/Para Olympic athlete to visit school and talk in assembly.
Enhancement week in July to promote wellbeing and healthy lifestyles (Healthy Bodies Happy Minds week – July 23)	<p>Sports Days for all classes</p> <p>In class interventions and activity ideas with a focus on Dance and Positive Affirmations.</p> <p>Additional workshops from Sports Coach on Tennis and Healthy Eating</p> <p>Walk to School week and road safety to</p>	<p>£140.82</p> <p>Two books for each classroom (Dance and Incredible Me)</p> <p>£125 – road safety banners designed by</p>	Children across the school will have access to a range of sports and wellbeing activities and will understand the role activity can play in our wellbeing.	Annual Theme week.

	be included in the learning plan for the week to encourage walking to school	children and displayed in school grounds.	All children completed a daily tally of how they walk to school and talked about the benefits of walking and the impact on air quality.	
Total: £2108.82				

Key Indicator 3: Increased confidence, Knowledge and skills of all staff in teaching PE and Sport

			% of total allocation – 3.5%	
Intent	Implementation	Funding Allocated	Impact	Sustainability and next steps
The employment of a sports coach	CSE Sports coach employed for year 22-23.	See KI 1 above	Links with Teachers and Sports Coach to ensure consistency and progression in PE skills.	To continue next year. Link with PE curriculum between sports coach and teachers to be supported by PE lead.
Attendance of PE Lead and Mental Health Lead at Annual PE Conference	To attend PE conference in January 23. Organised by	£512.70	Attended by PE and MH Lead. Workshops attended on building fine motor strength and active playtimes. Resources and ideas shared with school staff.	To continue to share ideas for physical activity in the classroom to school staff.
Membership of the schools partnership (TA Sports Limited). This will provide an opportunity for expert advice to be sought in PE and other sport opportunities and initiative available.	To join TA Sports Limited. Provides a sports partnership across the local area.	£450	Meeting with Tanya Angus from the schools partnership in Autumn Term. Support provided to school on opportunities available to schools to promote PE and sports and implement new skills.	To access speed stacking training next year to roll out to Year 2's to support fine motor (handwriting) development and strength.
To ensure a consistent and progressive PE curriculum is in place to support teachers	To purchase a one year subscription on 'Get Set 4 PE' Curriculum.	£289	Successful roll out of curriculum. Used by Sports Coach and Teachers to	Feedback from teachers using the plan is to continue with the subscription. Helps

when delivering PE Lessons.			ensure progression and consistency in skills taught. PE Lead written a half termly plans ensure broad coverage of the activities and sports in the curriculum.	to ensure consistency and robustness in PE planning.
Total: £1251.70				

Key Indicator 4 – Broader experience of a range of sports and activities offered to all pupils

			% of total allocation – 25.6%	
Intent	Implementation	Funding Allocated	Impact	Sustainability and next steps
Cycling sessions offered to children in Foundation Stage 2 and Year 1 to increase fitness and promote and healthy, environmentally friendly outdoor lifestyle. To also support children with their road safety awareness.	Provision provided by Bikeability in Summer term. Letters sent to parents to determine each child’s level of cycling proficiency. Timetable created of participating pupils.	£1860	Children in Foundation Stage 2 had cycling sessions in May 23 to help them learn to ride a bike. Children in Year 1, that had not accessed the cycling sessions when in FS2 completed cycling sessions to build skills and proficiency.	To re-book sessions for Summer 2024. To use the assessments by the provider to prioritise those children not yet cycling confidently.
Employment of a sports coach to lead after school sports clubs so that children can develop new skills and develop current skills under the leadership of a PE expert.	Arrange after school sports clubs. Ensure provision matches expectations during the school day. Provide feedback to the sports coach as needed. Ensure that the clubs can be accessed by all.	£5662	Sports clubs for 5 days a week after school. Very good attendance and enjoyed by children that attend. Offer a range of sports such as hockey, tennis and building team playing skills. Club accessible to all children.	To continue to provide as needed to ensure physical activity available to all through sports club.
To ensure appropriate resources/equipment is available for	To establish the sports equipment needed to deliver movement	£468	Accessible resources for physical activity ensure the	To embed the daily Sensory circuit approach. Regular

movement breaks and sensory circuits so that children that may not be able to consistently access whole class PE lessons can access daily physical activity.	breaks and follow the Sensory Circuit approach of 'alert, organise and calm'.		participation of children in daily small group physical activity/movement breaks. Supported by an adult and used according to the needs of individual children.	movement breaks taking place and both will continue to be built into personalised daily timetables.
To seek external advice on the physical activity provision for pupils during lunchtime play times.	The Better Lunchtimes review to be undertaken.	£1251.97	An independent review of lunchtime routines and processes with a follow up report on how to improve lunchtimes for children and staff. Gold Mark award. Strategies and findings shared with Lunchtime staff.	Further consideration of effective and active playtimes to continue during 2023/24.
Total: £9,241.97				

Key Indicator 5: Increased participation in competitive sport				
			% of total allocation – 0.2%	
Intent	Implementation	Funding Allocated	Impact	Sustainability and next steps
Inter sports competitions to encourage a healthy, sporting attitude to competitive sports	Athletics competition to be arranged with local primary schools. Six Year 1 children to be selected at random to participate in an athletics competition with 4 other local schools.	n/a	Competition took place in June at a local Infant school. 6 children participated. All children participated well and responded positively to the competitive nature of the event. Shared in Key Stage 1 assembly the following week.	To repeat next year and look into possibility of extending to include more children. Cost of coach will be included in funding allocation next year if held at a different school.
Sports Day to allow children	PE Lead and Sports Coach to plan	£64.80	Successful completion of	Annual Event.

<p>opportunity to compete competitively with peers</p>	<p>sports day programme for all classes. Participation Stickers to be ordered for Foundation Stage children. 1st, 2nd and 3rd badges to be awarded for the KS1 running races. Children to be grouped into teams within their class. Will compete in teams in 3 activities. 4th activity to compete against 5 peers in running races.</p>		<p>sports day. Children in KS1 engaged well in competitive element of sports day, both within own teams and in individual competition of the running races where 1st, 2nd and 3rd was awarded for each race.</p>	
<p>Total: £64.80</p>				

Signed off by	
Head Teacher:	Hannah Rimmer
Date:	19 th July 2023
Governor:	Esther Hill
Date:	