Bernards Heath Infant and Nursery School

Sports Premium Report 2023 - 2024

Review of spending 2023/2024 – Review and Reflection	
Total amount carried forward from 2022/2023	**£ 14,927.00**
Total amount for this academic year 20223/2024	**£ 17,770**
Total carry forward and total for 2023/2024	**£ 32,697.00 (used as total allocation for % purposes below)**
Total spent 2023/24	**£ 31,641.75 (96.7% of total allocation)**
Total to be carried over to academic year 2024/25	**£ 1038.75**

Key achievements to date until July 2024:	Actions for the next academic year (24/25):
Participation in sports after-school clubs across the academic year, including children in receipt of the pupil premium funding – who have subsidised places at these clubs and priority booking. Focus of sports clubs revised to provide targeted activities and appropriate challenge based on year group and skill level. Children from EYFS/KS1 classes participating in cycling sessions across the academic year to improve skills and proficiency, either 'Learn to Balance and Ride' or 'Developing Better Bike Control.' Enrichment activities for every child across the school promoting physical and mental health. Activities included athletics, mindfulness and dance workshops. Successful embedding of a PE curriculum to ensure consistency in lessons and appropriate skills progression across year groups. Successful Activities week – Healthy Bodies, Happy Minds Week supporting the ongoing education of the benefits of physical activity and wellbeing.	• Continue to broaden opportunities for competitive inter-school sport e.g., athletics competitions. Build on success of previous two years Year 1 'inter sports' competitions. • Continued investment in Bikeability for new FS2 children and those in Year 1 who have not yet participated in a session or who have not yet reached a level of proficiency. • Upskilling of new staff through collaboration with sports coaches and PE teacher training – enhanced teacher knowledge, skills and confidence. • Continued review of effectiveness of PE curriculum and ensuring robust assessment and next steps identified. To ensure continued progression of skills within a year and across year groups using Get Set for PE in line with PE Progression Document. • Lunchtime project to review and develop lunchtime activities available to the children. Purpose to contribute to ensure robust delivery of CMO's recommendation that children have 60 minutes per day of physical activity. • Further enrichment workshops for every child at school promoting positive wellbeing and healthy lifestyles. Workshops from previous two years have been very successful in exposing children to a wider range of sports and building motivation and enthusiasm for physical activity.

Key Indicator 1 - The engagement of all pupils in regular physical activity (Chief Medical Officer guidelines at least 30 minutes of physical activity in school a day)				
			% of total allocation – 43%	
Intent	**Implementation**	**Funding Allocated**	**Impact**	**Sustainability and next steps**
Employment of a sports coach so that children benefit from expert PE teaching. To ensure that the delivery of high quality of PE and physical activity and to introduce the children to a range of sports and skills (eg. the inclusion of early tennis skills in PE)	CSE Sports coach employed for year 23-24. Sports coach and class teachers using PE curriculum to ensure appropriate and challenging progression for children. Sports coach contributes to termly assessment for PD (EYFS) and PE (KS1). Assessment completed using PE Progression Documents.	£5361.60 £3927 Total - £9288.60	Children are receiving high quality PE teaching and learning. Successful delivery of a range of sports including gymnastics, tennis and team games. Consistent coach (alongside class teacher) ensures a good understanding of individual children's needs and appropriate progression and challenge in skills.	PE lead to continue to monitor sports coach during PE lessons and provide feedback. To continue to support Sports coach to accurately and regularly assess children's progress using school Progression Documents.
'5 a Day' movement break programme available in all classrooms. To be used daily to offer a structured and regular gross motor intervention during the day.	To be used in all classrooms at least once a day. To be used as a movement break alongside other opportunities such as action rhymes and yoga breaks.	£340	Consistent and robust movement break in place for all children across the school. The intervention involves gross and fine motor movements in 5 minute blocks. Children engaged and participate well. PE Lead observed in use across Year groups.	To continue in 2024-25. Embedded into daily timetable. Children familiar with format and therefore engage well. Sufficient variety in '5 a days' to ensure access to a range of different routines and movements.
Initial review of lunchtime play equipment undertaken Jan 24 and opportunities for children to engage in physical play considered. Ensure resources available in good, safe order to promote physical activity.	Purchased for playtime activity: - Basketball hoop and balls - Football goals - Playground hoop and catch game	£609.63	Children have access to a well resourced and planned lunchtime play area. Equipment available ensures that children can engage in a variety of gross motor activities.	Resources in place and being utilised well by all children. To continue into next year and to consider further resources as part of a wider lunchtime activity review.

Provision of new resources as required.				
Equipment used in PE lessons to be in good working order and in sufficient number to be used in a lesson of 30 children.	Purchase of new PE equipment (eg. tag rugby equipment, tennis balls Dodgeball and curling kits)	£1989.68	New resources purchased and used regularly in PE. Has ensured that is sufficient numbers of equipment needed and that lesson time can be used with all children using the equipment needed for the skill they are learning.	Equipment in use and to continue over future years.
Children in our Foundation Stage spend up to an hour in the morning and outside during CIP time. Audit if equipment to ensure it in in good working order and to offer opportunity to build a range of gross motor skills including balance, negotiating space, big arm movements and early ball skills.	New resources including a balance bar, bikes, scooters, dance rings, balls and catching nets purchased for EYFS outdoor environment.	£1776.53	New resources purchased. Will ensure that children can continue to have daily opportunities to develop their gross motor skills in line with the EYFS curriculum.	
TOTAL: £ 14,003				

Key Indicator 2 - **The profile of PE, School Sport and Physical Activity (PESSPA) being raised across the school as a tool for whole school improvement**				
			% of total allocation 2.4 %	
Intent	**Implementation**	**Funding Allocated**	**Impact**	**Sustainability and next steps**
Enhancement workshops to be arranged to support physical activity and wellbeing and to expose children to different sports and forms of physical activity.	Healthy Bodies Happy Mind week (24/6) had an Olympic Focus. Week included - a torch relay - Each class learning about an Olympic sport over the week	£799	All workshops held as planned. Children participated well and enjoyed the opportunity to learn new skills that aren't covered in weekly PE lessons.	Similar workshops to be arranged for 2024/25. Other sports such as tag rugby and yoga to be looked into to continue to provide children with exposure to a range of sports and physical

Opportunities around 2024 Olympic and Paralympic Games to be used to broaden children's exposure to different sports. Speak to subject leads about any curriculum related workshops that include physical activity.	- Athlete in School visit (26/6/24). Visit from Vanessa Wallace. Assembly for all classes and workshops for 3 Year 2 classes teaching Shot Putt - Mindfulness and Yoga workshops for Foundation Stage and Year 1 - Curling workshops with Sports Coach for all year groups - End of week, whole school demonstration of one Olympic sport from each class. Included synchronised swimming, archery, hurdles, long jump and javelin		Feedback from class teachers was very positive.	activity options.
Promotion of sports clubs and other physical activities in school assemblies, newsletters and noticeboards to increase awareness and participation.	To regularly include information about sports clubs in Newsletter. To post information on outside noticeboards.	n/a	Flyers shared with school community over year of external sporting clubs (eg. football)	To identify further local clubs to share with families.
Support for all children to engage in a range of additional physical activities and clubs including PPG and SEND children.	To provide equal access for all pupils to the range of additional sports and physical activities that the school offers	£984.50	Number of children successfully attending after schools sports clubs (PPG and SEND) with support in place as needed.	To continue as needed to ensure equitable access for all.
To undertake training in and to consider club for Year 2's. Speed Stacking has been	PE Lead being trained in Speed Stacking in Spring 24. Roll out of lunchtime club to now be considered for Year 2's.	Included in cost of St Albans and Harpenden School Sports	Adult trained in delivering a speed stacking session.	To consider roll out lunchtime club to start next year.

shown to support fine motor (handwriting) development and strength.		Partnership		
Total: £1783.50				

Key Indicator 3: Increased confidence, Knowledge and skills of all staff in teaching PE and Sport				
			% of total allocation – 2.3%	
Intent	**Implementation**	**Funding Allocated**	**Impact**	**Sustainability and next steps**
The employment of a sports coach. Provide opportunities to upskill staff and develop the teaching of key skills within PE. Ongoing CPD for teachers.	CSE Sports coach employed for year 23-24.	See KI 1 above	Successful links with Teachers and Sports Coach to ensure consistency and progression in PE skills for children and school adults in delivering the lessons.	To continue next year. Link with PE curriculum between sports coach and teachers to be supported by PE lead.
Membership of the schools partnership (TA Sports Limited). This will provide an opportunity for expert advice to be sought in PE and other sport opportunities and initiative available.	To join TA Sports Limited. Provides a sports partnership across the local area.	£450	Meeting with Tanya Angus from the schools partnership in Autumn Term. Support provided to school on opportunities available to schools to promote PE and sports and implement new skills.	
To ensure a consistent and progressive PE curriculum is in place to support teachers when delivering PE Lessons.	To purchase a one year subscription of 'Get Set 4 PE' Curriculum. This is now the second year of using Get Set for PE and feedback from teachers has been positive in terms of use and content of the scheme and engagement of the children.	£289	Successful use of curriculum. Used by Sports Coach and Teachers to ensure progression and consistency in skills taught. PE Lead written half termly plans which ensure broad coverage of the activities and sports in the curriculum and progression inline with the school PE	Feedback from teachers using the plan is to continue with the subscription. Helps to ensure consistency and robustness in PE planning. Scheme to be used for academic year 24/25.

			progression document.	
To review the lunchtime sport and play opportunities and invest in a robust programme to ensure all children have access to high quality physical activity in an age appropriate way.	To confirm the OPAL project (Outdoor Play and Learning).		Following research on the benefits of the scheme by: - Speaking with other schools engaged in the project - Meeting with the OPAL mentor Confirmation to go ahead with programme.	Project to run through 24-25. INSET for whole staff team confirmed and OPAL working group members confirmed to ensure the successful implmentation of the programme.
Total: £ 6239				

Key Indicator 4 – Broader experience of a range of sports and activities offered to all pupils				
			% of total allocation – 29%	
Intent	**Implementation**	**Funding Allocated**	**Impact**	**Sustainability and next steps**
Cycling sessions offered to children in Foundation Stage 2 and Year 1 to increase fitness and promote and healthy, environmentally friendly outdoor lifestyle. To also support children with their road safety awareness.	Provision provided by Bikeability in Summer term. Letters sent to parents to determine each child's level of cycling proficiency. Timetable created of participating pupils.	£2464	Children in Foundation Stage 2 had cycling sessions in June 24 to help them learn to ride a bike. Children in Year 1, that had not accessed the cycling sessions when in FS2, completed cycling sessions to build skills and proficiency.	To re-book sessions for Summer 2025. To use the assessments by the provider to prioritise those children not yet cycling confidently.
Employment of a sports coach to lead after school sports clubs so that children can develop new skills and develop current skills under the leadership of a PE expert.	Arrange after school sports clubs. Ensure provision matches expectations during the school day. Provide feedback to the sports coach as needed. Ensure that the clubs can be accessed by all.	£5550	Sports clubs for 5 days a week after school. Very good attendance and enjoyed by children that attend. Offer a range of sports such as hockey, tennis and building team playing skills. Accessible to all children. Plan for clubs revised Spring 24 so separate clubs for each	To continue to provide as needed to ensure physical activity available to all through sports club. Allows skills development of new sports and activities.

			year group. Ensures appropriate challenge and skill level being taught.	
To support the increasing levels of SEMH needs, specific sessions to be delivered to children to help them to better understand their brains and emotions. They will be helped to develop the tools to self-regulate and build a positive mindset. Delivered through techniques including mindfulness, yoga and relaxation.	The Happy Human Project to run a 12 week preventative mental health curriculum. Offered to 12 Year 2 children. Mix of Yoga, movement and mindfulness.	£1560	Very successful intervention that has been well received by the children involved. Good engagement following observations of intervention by PE Lead. Positive feedback from parents.	To consider continuing intervention in Summer 25
Total: £ 9574				

Key Indicator 5: Increased participation in competitive sport				
			% of total allocation – 0.13%	
Intent	**Implementation**	**Funding Allocated**	**Impact**	**Sustainability and next steps**
Inter sports competitions to encourage a healthy, sporting attitude to competitive sports	Athletics competition to be arranged with local primary schools. Six Year 1 children to be selected at random to participate in an athletics competition with 3 other local schools.	n/a	Competition took place in June at a local Infant school. 6 children participated. All children participated well and responded positively to the competitive nature of the event.	To repeat next year and look into possibility of extending to include more children.
Sports Day to allow children opportunity to compete competitively with peers	PE Lead and Sports Coach to plan sports day programme for all classes. Participation Stickers to be ordered for Foundation Stage children. 1st, 2nd and 3rd badges to be awarded for the KS1 running races. Children to be grouped into teams within their class. Will compete in teams in 3 activities. 4th activity to compete against 5 peers in running	£45.75	Successful completion of sports day. Children in KS1 engaged well in competitive element of sports day, both within own teams and in individual competition of the running races where 1st, 2nd and 3rd was awarded for each race.	Annual Event.

	races.			
Total: £45.75				

Signed off by	
Head Teacher:	Hannah Rimmer
Date:	July 24
Governor:	Esther Hill
Date:	July 24