Bernards Heath Infant and Nursery School

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Head: Mrs H. Rimmer

Friday 3rd July 2026

Foundation Stage 1 – Transition 3

Dear Parents and Carers,

We have really enjoyed meeting you all at the Stay and Plays sessions over the last couple of weeks.

Here is a 'Hello' video from Heath Class staff so that you don't forget these smiley faces over the summer holidays.

For the Children

'Hello' from Mrs Pinkham, Miss Hancock, Miss Hoggett, Mrs Tansley and Mrs Jones

Click here for a reminder of your child's transition timetable for September outlined in FS1 Transition 2.

On Thursday 9th July we are arranging home visits for some families. We will contact you directly if this is relevant for you and your child.

We know that the transition to FS1 is a big one and we hope our videos give you some tools to support your conversations about joining Heath class. On the next page Mrs Steadman (our Foundation Stage Leader and Assistant Head) reads a story called 'In my Heart' by Jo Witek and talks about the Zones of Regulation. Your child may be a little too young for some of this language but it's certainly a book worth adding to your shelves and the zones are a useful tool to be aware of as your child grows with us at Bernards Heath.

Healthy Schools

University of Hertfordshire UH

child
home school

We are committed to ensuring that your privacy is protected and we strictly adhere to the provisions of all relevant Data Protection Legislation, including GDPR, ensuring all personal data is handled in line with the principles outlined in the School's Data Protection Policy. Information about the types, use and retention of personal data we collect can be found on our website under Statutory Information - Data Protection Policy.

For the Children

Story time with Mrs Pinkham

Nursery Rhymes with Mrs Pinkham

Zones of Regulation – Learning how to regulate our feelings and behaviour

Feelings Come and Feelings Go

Best Day of My Life

Passwords can either be collected from the school office before the end of term or sent home on your child's first day at school in September. This is a small coloured piece of paper showing your child's name and the name of a flower. The flower is your child's password and stays with them throughout their time at Bernards Heath. You must make a note of what this is as until our whole team gets to know each of you/your relatives/childminder you will be asked for the password when collecting your child. If you get stuck in traffic/a last minute change and need a friend to collect for you, you must give them your child's password.

Milk - every child under 5 is entitled to free milk. Please see the attached document on how to register your child online.

Nursery Lunch Club - children (30 hours, ADA, ADB) have the choice of a school prepared packed lunch or a home packed lunch, which children choose on the day (menu attached). There is an additional charge of £2.61 per day (current price, subject to change for September 2026) for a school prepared home packed lunch, which you will be invoiced for in September 2026.

Please click here if you need to apply for a special diet menu, (e.g if your child requires gluten free/dairy free/egg free etc). Please register your child even if you are planning to give your child packed lunches.

Attached are the following:

- Home School Agreement
- Cool Milk Registration Details
- Menu for Nursery Lunch Club
- Treasure Hunt Activity for the holidays

- A set of visuals worth printing, sequencing and keeping in bedrooms or by the front door to support your child in getting ready for their Nursery/School day in September.

Please do not hesitate to contact us should you have any more questions before we finish for the holidays on Wednesday 22nd July at 1:00pm.

We look forward to seeing you all after the summer holiday.

With thanks,

Mrs Pinkham
Nursery Teacher

CHECK LIST

If you haven't already done so, please complete the forms below to avoid the office team needing to chase families, thank you.

Photograph Consent and Permission Form	☐
Parent Declaration Form	☐
Register for Milk	☐